NAUGATUCK VALLEY HEALTH DISTRICT
SCHOOL HEALTH PRACTICES, PROTOCOLS
AND MONITORING of COVID-19

REPORTING A POSITIVE CASE:

IT IS IMPORTANT TO REPORT ALL CASES AS SOON AS POSSIBLE.
Positive individuals and household cases will be confirmed with NVHD

Due to confidentiality please report positive cases only to your child’s School Nurse
REBECCA BENNETT RN HEAD NURSE/BUNGAY: rbennett@seymourschools.org (203) 881-7519
LINDSEY GRAILICH RN/SEYMOUR HIGH SCHOOL lgrailich@seymourschools.org (203) 881-7531
LISA REYNOLDS RN/SEYMOUR MIDDLE SCHOOL lreynolds@seymourschools.org (203) 881-7534
JENNA KLEIN RN/CHATFIELD-LOPRESTI SCHOOL jklein@seymourschools.org (203) 888-4640 ext. 1472

QUARANTINE GUIDELINES:

Those who are fully vaccinated (2 weeks after their second dose in a 2-dose series; Pfizer or Moderna
vaccines, or 2 weeks after a single-dose vaccine, such as Johnson & Johnson) or have a previous 90
day infection are exempt from close contact quarantines at home and in the school

Any student or staff member who tests POSITIVE for COVID, regardless of their vaccination, status will
remain in isolation for 10 days from the positive test date and will only return to school when they are
symptom free.
When counting days, Day 0 is the day an individual tests positive, an individual's last exposure date, OR
the date an individual returns from travel.

● These individuals DO NOT need to supply a negative test to return to school.

Any UNVACCINATED student or staff who reports a POSITIVE COVID test in their HOUSEHOLD or is
considered a close contact OUTSIDE OF SCHOOL will remain in quarantine for 7 full days from the date
the student or staff member was LAST with the individual.

● These individuals CAN TEST OUT OF THEIR QUARANTINE with a negative PCR test taken no
earlier than 5 days after last exposure and return to school on day 8 only if they are symptom
free.
● If they are not tested then they will remain in quarantine for 14 full days.

The Seymour Public Schools will follow the SCREEN AND STAY guidelines on a CASE-BY-CASE
scenario to any unvaccinated, close contact exposure in the school. These individuals will….
✓ Hand in a screen and stay agreement prior to entering the school after the known exposure.
✓ Continue to monitor themselves for COVID-19 symptoms for 14 full days
✓ Must remain symptom free for the full 14 days after an exposure.
✓ If the student becomes symptomatic during the 14 days after an exposure they will quarantine and
must test with a negative PCR to return to school before the 14th day.

Classroom Close Contact:
Student to Student Unvaccinated:
• Within 3 feet of case in classroom, masked or unmasked.
• Within 6 feet in the classroom, unmasked.
Teacher to student:
• Within 6 feet in the classroom, masked or unmasked.

School Close Contact:
This includes; Lunch room, Bus, Gym, Recess
Student to Student Unvaccinated: Within 6 feet, masked or unmasked.
PLEASE KEEP YOUR CHILD HOME IF THEY ARE SICK

The Seymour Public Schools considers symptoms of fever, body aches, cough, congestion, headache, and or sore throat as transmissible symptoms. Any student or staff with these symptoms will be sent home and will need to get a covid PCR test or follow quarantine guidelines.

Any student with a fever, vomiting and/or diarrhea regardless of vaccination status must stay home from school and may not return to school for 24 hours.

CONTACT TRACING IN THE SCHOOL

District Nurses work closely with NVHD to identify those in the community who are positive and have been exposed to COVID. A member of the district contact tracing team will work with the individual and family to properly contact trace any positive individual 48 hours prior to the onset of symptoms and/or the positive test.

- Confirmation of vaccination status of those involved will be required.
- Those exposed and unvaccinated will receive a single phone call to the first number listed on PowerSchool, and a follow up email will be sent notifying them of the exposure and instructions to follow.
- Those exposed and vaccinated will receive an email or phone call notifying them of the exposure with recommendations.

TRAVEL

Domestic travel: Seymour Public Schools will continue to follow the CT state travel advisory for domestic travel that was updated from a requirement to a recommendation for all domestic travel.

International travel

- Any unvaccinated students and staff will test 3-5 days after international travel AND self-quarantine at home for a full 7 days after travel even if your test is negative.
- Any fully vaccinated student or staff will test 3-5 days after international travel. Quarantine is required only until PCR results are received.
- If your test is positive, isolate yourself to protect others from getting infected.
- If you do not get tested, stay home and self-quarantine for a full 10 days after travel.

SPORTS

- Fully vaccinated athletes/coaches who are a close contact with a known COVID-19 case do not have to quarantine from sports or other activities, provided they remain asymptomatic after close contact with a known COVID-19 case. However, it is recommended that these individuals wear a mask while around other individuals indoors until they receive a negative COVID-19 test (taken between days 5 and 7 from the date of contact) or for a full 14 days if they do not get tested.
- Partially vaccinated or unvaccinated asymptomatic athletes/coaches who are a close contact of a known COVID-19 case will quarantine for 10 days (i.e., return to activities on day 11) with a negative test on day 8 or later, or for a full 14 days (i.e., return to activities on day 15) without a test.

Athletes/coaches who experience COVID-19 symptoms after close contact with a known COVID-19 case regardless of vaccination status will quarantine for 10 days (with a negative test on day 8 or later) or 14 days without a test.

Any athlete who tests positive for covid during the season will need to complete the Covid return to play protocol prior to returning to activity.
To continue allowing in-person learning or work for unvaccinated or partially vaccinated students or staff in lieu of quarantine the Seymour Public Schools will require staff or parents/guardians of students to perform a daily symptom assessment of the individual in the Screen and Stay protocol for 14 calendar days after their last exposure to a POSITIVE case, regardless of any existing district policy allowing students or staff to return to in-person learning. Vaccinated individuals will continue to be exempt from quarantine as long as they remain asymptomatic.

Exposed individuals will monitor for symptoms for a full 14 calendar days after their last known contact with a COVID-19 case

Screen and Stay procedures will permit students or staff who would otherwise have to quarantine due to an exposure experienced while in school to choose to continue reporting to school for in-person learning or work provided:

- The exposure occurred inside the school building between masked individuals; or
- The exposure occurred between either masked or unmasked individuals in certain supervised outdoor activities; and
- The student or staff person identified as a close contact remains asymptomatic

Students Participating in Screen and Stay:

If an individual experiences any symptoms associated with COVID-19 within 14 days after close contact with a known COVID-19 case, it is likely that the symptoms are in fact associated with COVID-19. Regardless of vaccination status, students or staff identified as close contacts should be reminded to continue to monitor themselves for any COVID-19 symptoms for a full 14 days after their last exposure and not to report for work or in-person learning, or any other in-person school events, if they experience any related symptoms at any time during the full 14-day period following their last exposure.

Exposed asymptomatic students will refrain from (and be provided with alternatives to) in-school activities with other students that may actively generate increased amounts of aerosol-sized respiratory droplets, including but not limited to singing, wind instrument playing, giving speeches, or highly aerobic Physical Education activities for the 14 calendar days that they are in the Screen and Stay protocol.

Situations that do not support Screen and Stay

Examples of scenarios where students or staff who are unvaccinated or partially vaccinated should not participate in Screen and Stay, and instead should refrain from in-person learning and follow the routine quarantine and isolation procedures outlined in Addendum 5, include:

- Contact with a case during interscholastic or other athletic activities (other than during supervised Physical Education)
- Contact occurring during social interactions or similar activities outside of school (e.g., birthday parties, dining out, sleepovers)
- Contact where the case or contact is not consistently and correctly wearing a mask indoors (e.g., eating, wind instrument playing) and 6 ft. distance is not maintained
- Household contacts (i.e., the contact lives with the case)
- The contact cannot consistently and correctly wear a mask (and cannot be provided appropriate alternative protective strategies) or cannot perform daily symptom screening.
- Screen and Stay is not appropriate for pre-k students or staff and those with mask exemptions.
AFFIRMATION OF INTENT TO COMPLY WITH SCREEN AND STAY REQUIREMENTS

THIS FORM MUST BE SIGNED AND HANDED INTO THE COVID-19 EMAIL PRIOR TO THE STUDENT ENTERING THE SEYMOUR PUBLIC SCHOOLS

Student/Staff Name: ____________________________________________ Contact Date: ____________

Perform Daily Screening Tests until ______________________________________________________

You are receiving this form because the person listed above has been identified as a close contact of a COVID-19 case that occurred during the school day, they have not had any other contact with a known COVID-19 case outside of school, they are unvaccinated or only partially vaccinated, and they are being given the option to continue with in-person learning or work instead of observing normal school quarantine procedures at home. If the person has had other contact with a case outside of school or is fully vaccinated, please contact the school for further instructions.

By initializing AND signing this form and providing it to the school, you are indicating that you wish to have the person listed above continue participating with in-person learning or work despite being identified as a close contact of a COVID-19 case and that you agree with the following statements (please initial each statement):

- I have read the Screen and Stay guidance document and I understand the requirements for the person listed above to continue with in-person learning or work instead of quarantining at home.
- I understand that Screen and Stay applies only to in-person learning or work and that the person listed above must continue to quarantine away from public/team athletic/social activities and follow normal quarantine procedures for other activities (e.g., team sports, extracurricular activities, gatherings with individuals outside of their household, etc.)
- I will contact the school if the above has been in close contact with any other individual outside of the school known to have COVID-19 in the past 24-hours or the above person has been instructed by local health officials to quarantine or isolate within the past 24-hours.
- I understand if my child becomes symptomatic during the 14-day monitoring period they must stay home or will be dismissed from school. They must test with a PCR test before returning to school.
- I understand that if my child is absent for 3 consecutive days or more they will need a COVID test to return to in-person learning.
- I (or another adult) will perform a daily symptom assessment of the person listed above each morning at home prior to the person boarding a school bus or otherwise reporting to school for a full 14 calendar days from the Contact Date listed above.
  - Fever (100.4 or higher) or chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea
- The person listed above will NOT participate in the Screen and Stay and will quarantine at home and not report to the school, and I will contact the school if they experience any of the COVID-19 symptoms listed below at any time during the 14-day monitoring period.
- The person listed above will NOT participate in Screen and Stay and will test on or after day 5 and not return to school until day 8.

Staff/Parent/Guardian: ___________________________________________________________

Signature: _____________________________________________________________________

Contact Number: ___________________________________________________________________

Date: ___________________________________________________________________________